

SDQ WORKSHOP

March 17, 2016
at Aarhus University

Join the discussion
with Robert Goodman,
the inventor of SDQ

We invite researchers and professionals to a workshop about the challenges of measuring child mental health through the Strengths and Difficulties Questionnaire.



Challenges of Measuring Mental Child Health

Over the last decade supporting mental child health has become an area of high societal priority. The challenges of mental well-being are very complex and call for a need to strengthen and develop close collaboration between practice and research. It is essential to support a common understanding of how to evaluate and monitor mental child health.

The Danish SDQ/DAWBA secretariat and the Aarhus University Network of Mental Child Health have the pleasure to invite all interested parties to a workshop about the challenges of measuring child mental health through standardized assessment tools.

Our main focus will be the Strengths and Difficulties Questionnaire (SDQ) developed by professor Robert Goodman, Kings College London. The SDQ is one of the best documented broad band standardized measure of mental child health. Since Robert Goodman's first publication of SDQ in 1998 and the Danish translation in 2001, the SDQ has been used extensively worldwide. Denmark and Norway have used the SDQ most frequently in clinical practice and research compared to other countries. A lot has happened since the initial introduction. The SDQ is now offered in online versions making it easier to fill out and analyze, it is used in a variety of settings and has been documented extensively in scientific journals. This calls for an occasion to evaluate the use of the SDQ and how to improve the interaction between practice and research.

Presentations

We are happy to invite professionals and researchers to exchange their experiences with using the SDQ and discuss future potentials with Robert Goodman, who will visit Denmark for this special occasion. Sonja Heyerdahl (Senior Researcher Emerita at Center for Child and Adolescent Mental Health, Oslo, Norway), Niels Bilenberg (Professor at University of Southern Denmark), Mette Lausten (Senior Researcher at The Danish National Centre for Social Research), and Carsten Obel (Professor Aarhus University) will contribute with presentations of uses and potentials of the SDQ in a Nordic context.

We hope that users of SDQ in municipality practice as well as researchers will join the workshop and contribute to the discussion.

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The Strengths and Difficulties Questionnaire (SDQ) - A Systematic Approach to Mental Child Health

PROGRAMME

- 09.30-10.00:** Breakfast and networking
- 10.00-10.20:** **Introductions**
Carsten Obel, Aarhus University
- 10.20-10.35:** **Is Denmark the Black Swan of Mental Child Health?**
Robert Goodman, Kings College
- 10.35-10.55:** **What is a normal SDQ?**
Intros by Sonja Heyerdahl (RBUP, Norway) and Carsten Obel (AU)
- 10.55-11.15:** **Can SDQ be used for follow up and how does SDQ change over time?**
Intros by Mette Lausten (SFI) and Robert Goodman (Kings College, UK)
- 11.15-11.45:** Coffee
- 11.45-12.05:** **How do we get the best out of more informants?**
Intros by Sonja Heyerdahl (RBUP, Norway) and Mette Lausten (SFI)
- 12.05-12.25:** **Is there a potential for the use of SDQ at group level?**
Intros by Carsten Obel (AU) and Robert Goodman (Kings College, UK)
- 12.25-12.45:** **How can we use SDQ to link the work in the primary and secondary sector?**
Intros by Niels Bilenberg (SDU) and Robert Goodman (Kings College, UK)
- 12.45-13.30:** Lunch
- 13.30-14.15:** **A Danish status for the use of SDQ - Research and Practice Perspective**
Niels Bilenberg (SDU) and Carsten Obel (AU)
- 14.15-14.45:** **Panel debate**
- 14.45-14.55:** **Goodman Perspectives**
- 14.55-15.00:** **Final remarks by Carsten Obel**

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The Danish SDQ/DAWBA secretariat

The secretariat is a non-profit organisation that supports the implementation of the Strengths and Difficulties Questionnaire in Denmark. Professionals can contact the secretariat for information and help with the use of the SDQ. The secretariat is funded by the Tryg Foundation.

www.sdq.dk

The Aarhus University Network of Public Mental Child Health

The aim of the network is to achieve better understanding and support of child mental health by joining forces from different research disciplines at Aarhus University. Through meetings and workshops we wish to inspire interdisciplinary collaboration and funds for research in child mental health.

www.mentalnet.au.dk

Registration: <http://mentalnet.au.dk/events/sdq-workshop/>

Date: Thursday March 17, 2016

Venue: Aarhus University, Aarhus Institute of Advanced Studies,
Høegh-Guldbergs Gade 6B, DK-8000 Aarhus C



AARHUS UNIVERSITY